The St. Olavs Study - New Technology and Health (STUNTH)

Ellen Marie Bardal

The 5th Nordic Seminar on Technical Measurements of Physical Activity and Sedentary Behaviour, Trondheim, June 2nd – 3rd, 2022

NTNU
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ST. OLAVS HOSPITAL
TRONDHEIM UNIVERSITY HOSPITAL

The STUNTH study

- A cohort study of hospital employees

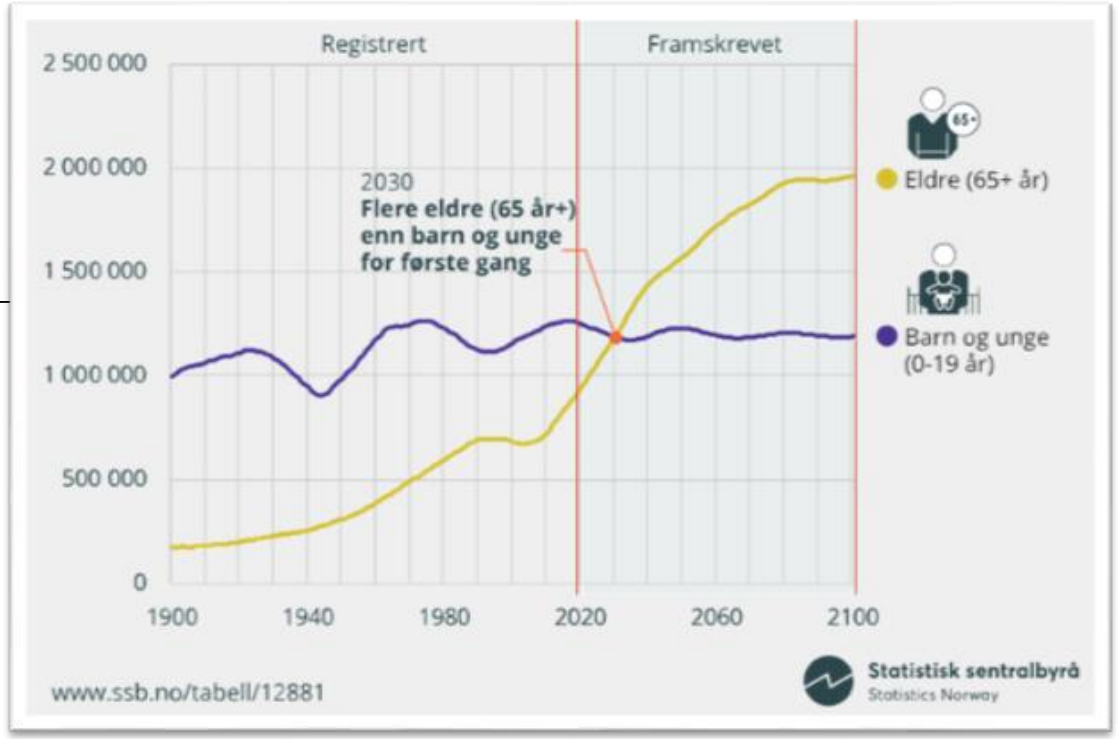
Overall aim to investigate and produce new knowledge about the relationship between work related factors and occupational health among hospital care workers in a time of digital and demographic change.

Demographic changes

From 2030:

More people are retiring
\+ Less people are entering the work force
= System ERROR

- More people that need heath care services and less people to provide these services
- Needs to make changes to the existing health care services to secure sustainability in the future



New technology and digitalization

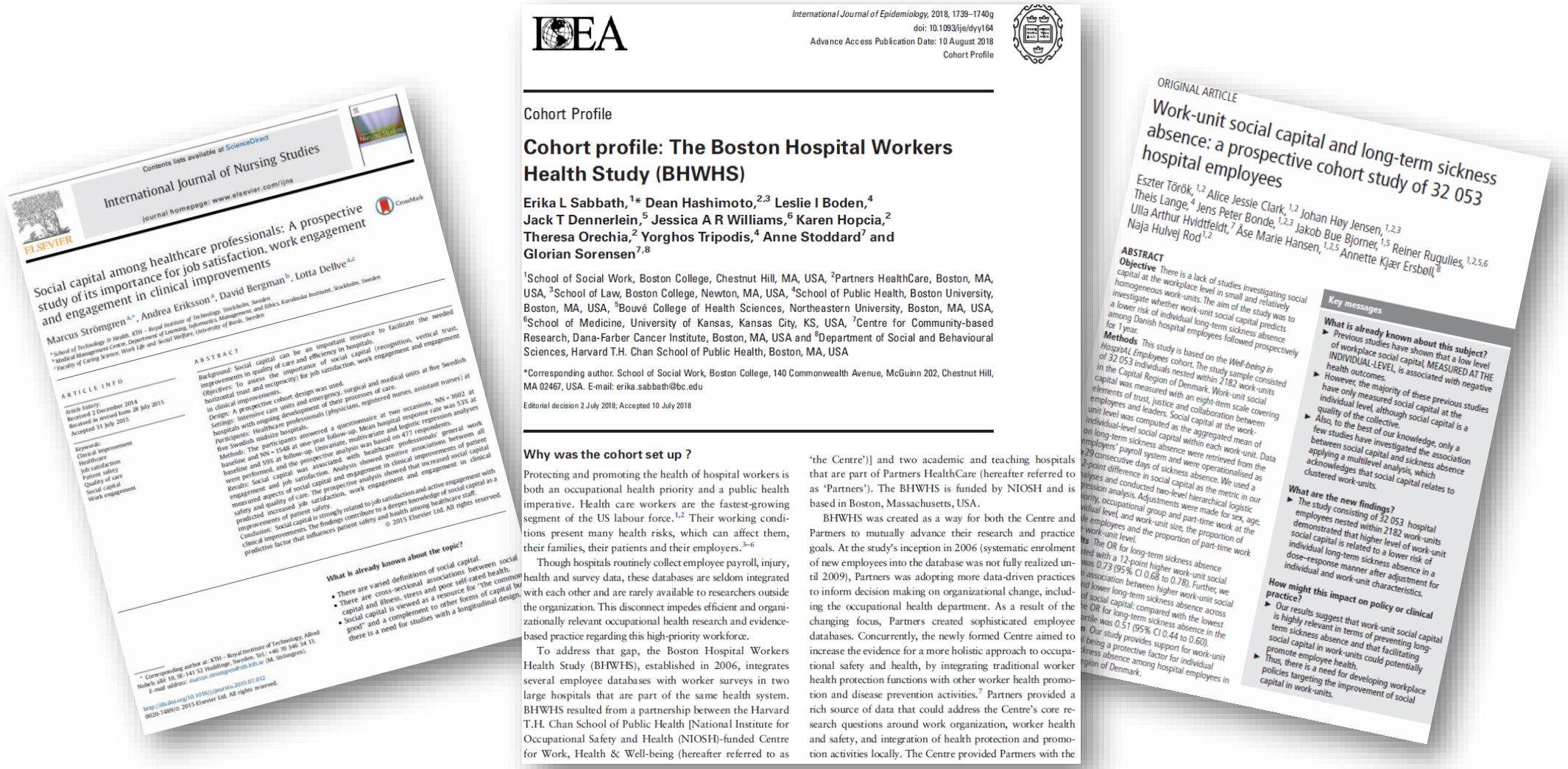
New technology may contribute to close the gap between the expected shortage of staff in the near future and the increased work demands

- New electronic health record system - Helseplattformen
- Implementation in Mid Norway fall 2022
- Delivered by Epic

- One common solution for the patient's health record across specialist health services, general practitioners, and the municipalities in Mid-Norway.

The European bureau for Safety and Health in Work suggest that new technology can pose a risk on workers` occupational health

International research, ….but no Norwegian cohort study of hospital employees



Contents lists available at ScienceDirect
International Journal of Nursing Studies
journal homepage: www.elsevier.com/ijns

Social capital among healthcare professionals: A prospective study of its importance for job satisfaction, work engagement and engagement in clinical improvements

Marcus Strömgren, Andrea Eriksson, David Bergman, Lotta Dellve

ABSTRACT

International Journal of Epidemiology, 2018, 1739–1740g
doi: 10.1093/ije/dyy164
Advance Access Publication Date: 10 August 2018
Cohort Profile

Cohort Profile

Cohort profile: The Boston Hospital Workers Health Study (BHWHS)

Erika L Sabbath, Dean Hashimoto, Leslie I Boden, Jack T Dennerlein, Jessica A R Williams, Karen Hopcia, Theresa Orechia, Yorghos Tripodis, Anne Stoddard and Glorian Sorensen

Why was the cohort set up ?

ORIGINAL ARTICLE

Work-unit social capital and long-term sickness absence: a prospective cohort study of 32 053 hospital employees

Eszter Török, Alice Jessie Clark, Johan Høy Jensen, Theis Lange, Jens Peter Bonde, Jakob Bue Bjorner, Reiner Rugulies, Ulla Arthur Hvidtfeldt, Åse Marie Hansen, Annette Kjær Ersbøll, Naja Hulvej Rod

ABSTRACT

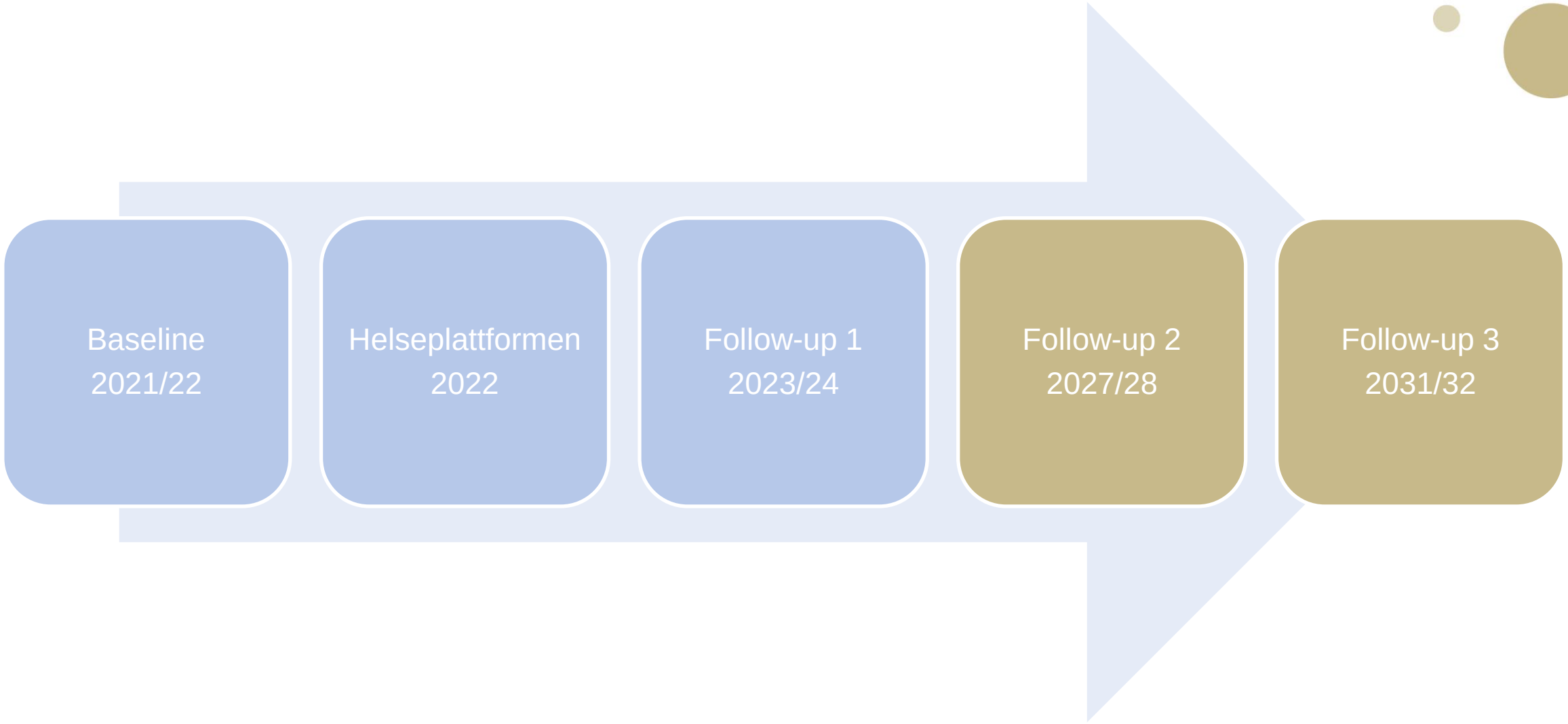
Key messages

Long term goals

1) To identify factors that promote
- a favorable work environment
- sustainable workability after implementing Helseplattformen.

2) Develop interventions that promote
- a healthy and engaged healthcare workforce
- quality of care for the patients.

Timeline


Baseline
2021/22
Helseplattformen
2022
Follow-up 1
2023/24
Follow-up 2
2027/28
Follow-up 3
2031/32


Arbeid
Hobe

Methods

Questionnaires

- Work related factors
- Self-reported health

Registry data

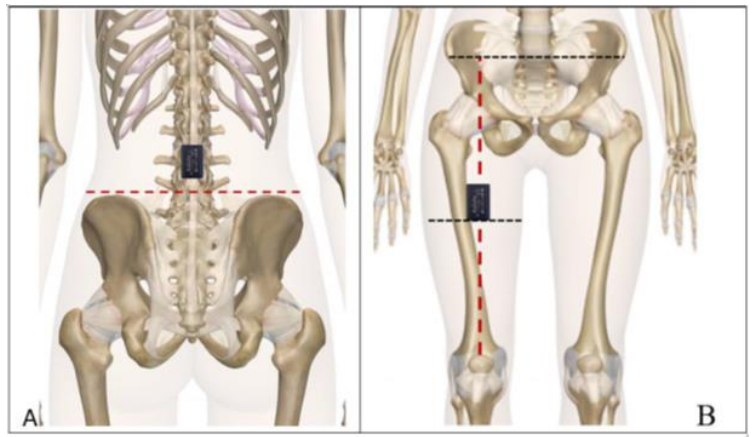
- Medical registries
- HR data

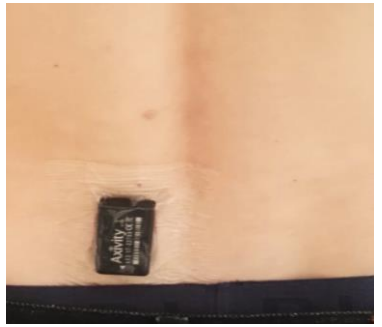
Objective measurements

- Physical activity and sleep
- Body composition

Objective measurements of physical activity (and sleep)

- HUNT4
- Axivity AX3
  - Low back
  - Mid thigh
- 50 Hz, ± 8g
- All participants offered to wear activity sensors (AX3) for 7 days





Mobile research station


STUN

St. Olavs hospital HF

Østmarka

Lian

Øya

Nidelv DPS
Tiller

Orkdal
Hospital

Røros
Hospital

Status - June 2022

Completed baseline 20th of May!!

Key numbers

- Conseted to participate: 3 697
- Completed quesitionaire - Work related factors: 3 440
- Participated objective measures: 2 214
- Completed questionaire – Health:

Thank you!





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Paul Jarle Mork


Eivind Skarpsno Schjelderup


Lene Aasdahl


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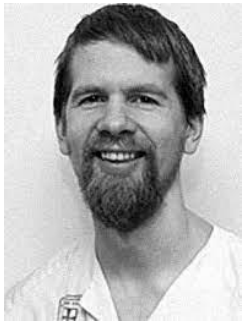
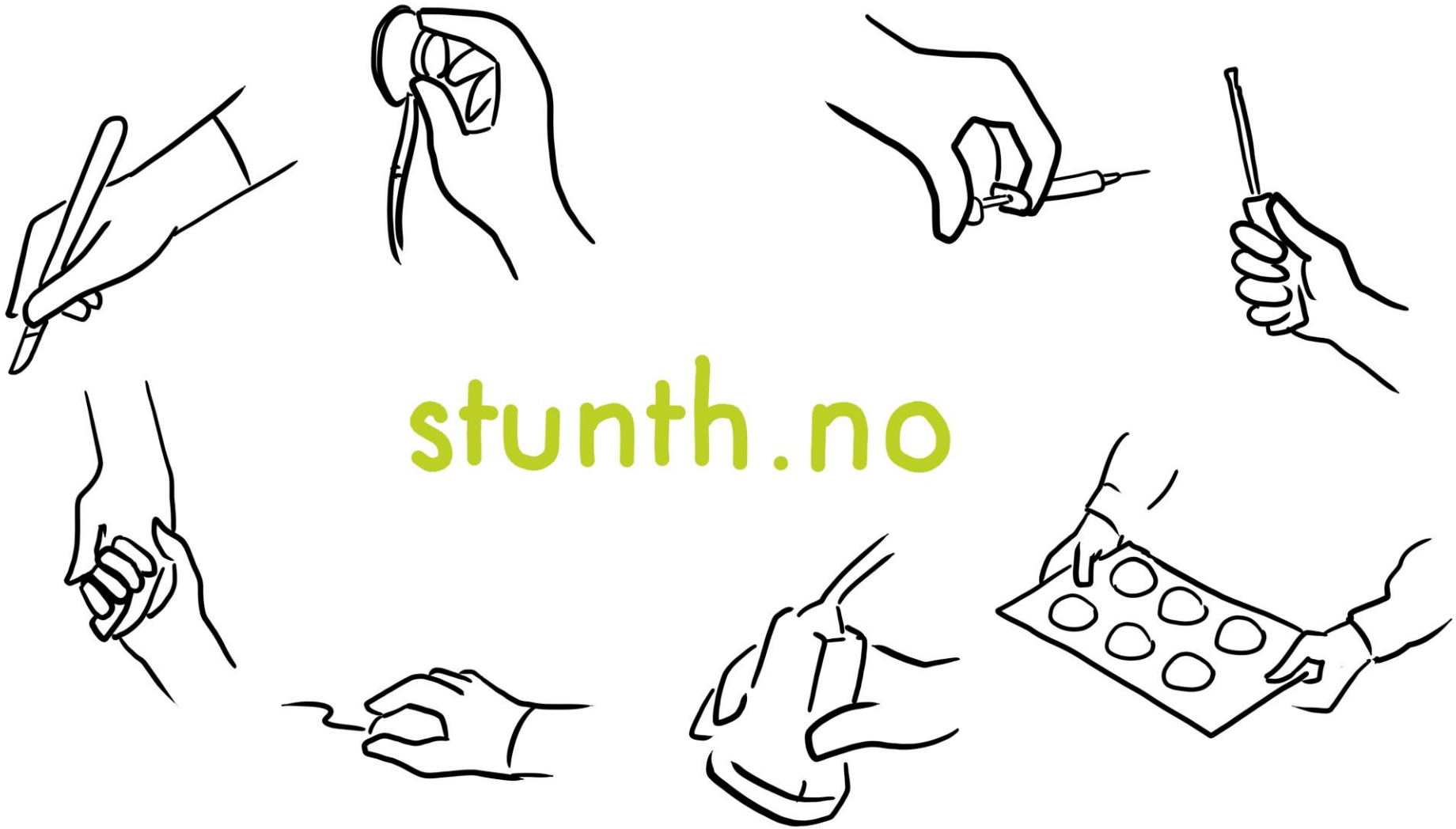

Sindre Rabben Svedahl


Hilde Brun Lauritzen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